

CHAUTAUQUA STRIDERS



ULTRA AWARD

The Ultra Award is an award available to members of the Chautauqua Striders Running & Walking Club who earn points by participating in road races throughout the year. Participation can occur in any road race throughout the world. Individuals who earn enough points will be recognized at the Chautauqua Striders Running & Walking Club Winter Banquet in February 2012 and receive an award certificate suitable for framing.

The Ultra Strider Award rules are as follows:

- All applicants must submit an Award Application by January 15, 2012. (An Award Application can be found at www.chautauqua-striders.org)
- Applicants must be current Chautauqua Striders Running & Walking Club members.
- Only one award is allowed per member per year.
- Awards are based on accumulated points during calendar year 2011.

Runners and walkers can earn points toward their year-end point total as follows:

Race Distance	Points per race
1 mile – 4 miles	1 point
8 km – 15 km	2 points
10 miles – ½ marathon	3 points
25 km – marathon	4 points

At the end of the year, the following point totals will be required to receive an Ultra Award certificate:

Age Points	Required
20-49	12
50-69	8
70+	2



2011 Ultra Award Application

To receive a 2011 Ultra Award certificate, please mail this award application to:

Michael Engdahl
P.O. Box 3682
Jamestown, NY 14702

Application deadline is January 15, 2012.

The Ultra Award rules are as follows:

- Applicants must be Chautauqua Striders Running & Walking Club members.
- Only one award certificate is allowed per member per year.
- Award certificates are based on accumulated points during calendar year 2011.

Runners and walkers can earn points toward their year-end point total as follows:

Race distance	Points per race
1 mile – 4 miles	1 point
8 km – 15 km	2 points
10 miles – ½ marathon	3 points
25 km – marathon	4 points

At the end of year 2011, the following point totals will be required to receive an Ultra Award certificate.

Age Points	Required
49 and under	12
50-69	8
70+	2

Name _____

Address _____

Phone _____ E-mail _____ AGE (as of 12/31/11) _____

RACE NAME	DATE OF RACE	DISTANCE	POINTS
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

use back if necessary

TOTAL POINTS _____